



Unit 1 - Prevention Strategies for Aggression and Violence

1

Empower patients and caregivers with clear, proactive communication to reduce frustration

2

Early detection of anxiety helps prevent escalation - introduce anxiety screenings

3

Recognize emotional work as a core part of medical care and provide staff training

4

Maintain transparency about medical procedures to reduce fear and uncertainty

5

Limit visitor access to maintain order and security

6

Include violence prevention measures in hospital policies, with clear consequences for aggressive behaviour

